



Affiliated to ASASER

invite you to

The Vanessa Knight Memorial Open Meet 2009

Held under ASA Law

50's in all strokes + 100 I.M.

A/B/C Grade Meet – PRIZES FOR ALL GRADES

Age groups 10/U,11,12,13,14+

Sunday 24th May

Fred Lyons Swimming Pool

Arun Leisure Centre - Bognor Regis

Vanessa Knight Memorial Sprint Open Meet Sunday 24th May 2009

Please find below the details and conditions for the above event. This includes the following :-

- Category qualifying times (produced using ASA/Sportsystems official software)
- Session timetables (with signing-in procedures and warm-up times)
- Poster for your board
- Promoter's conditions
- Officials reply slip

Entries will be by email using Hy-Tek Meet Manager, (download available from club website, see instruction sheet below for details.) Clubs are asked to let MIKE LAMBOURNE know of their intention to enter by emailing him on mike@pinewood65.plus.com

The closing date for entries is Saturday 2nd May. (No late entries will be accepted.)

Should any event be oversubscribed, entries will be taken on a first-come first-served basis

Please note that entry eligibility for this competition is **AGE ON DAY**. The youngest age group will be 10 years and under in accordance with ASA Law.

There are no entry qualifying times. However, trophies and awards will be made on the basis of B and C category times as below.

When you email your entry, please send a **Club cheque** for the total entry fee including coaches passes to:

Dave Loveman, 7 Oak Close, Chichester, PO19 3AJ

Coaches' passes may be purchased at £5 per pass on the basis of **1 per 10 swimmers** with a maximum of three passes per club. Anyone without a pass will not be permitted on poolside. Passes will be issued on the day during signing-in.

Electronic timing will be used to run the event. A perpetual trophy for the Top Club will be presented.

Spectators will have access to a cafeteria service provided by the leisure centre throughout the day. At lunchtime, there will be a room set aside for those attending both sessions who have brought pack lunches. There will also be a Swim Shop available and an official photographer will be selling action photos throughout the meet.

Officials: As in the past, in order to run a successful meet, we are requesting the help of any officials who would be willing to assist us on the day. (Either morning, afternoon or all day). Tea/coffee will be available, for officials before the start of each session. Please would you return the following slip, with your entries, stating whether officials lunch will be required. This is provided for officials who are staying all day.

Enquiries: to Dave Loveman, Club Secretary on 01243 528095 or daveloveman@lineone.net



Bognor Regis Swimming Club

(Affiliated to South East Region ASA, Sussex County ASA and RLSS)

Founded in 1965

Bognor Regis Community College, South Way & Arun Leisure Centre

Vanessa Knight Memorial Sprint Open Meet Sunday 24th May 2009

.....Swimming Club has the following officials who are able to assist.

Name	Qualification	Session 1 AM	Session 2 PM	Lunch

Club contact Telephone No



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BOGNOR REGIS SWIMMING CLUB

(Affiliated to South East Region ASA)

Vanessa Knight Memorial Sprint Open Meet Sunday 24th May 2009 **- Promoter's Conditions**

The Meet will be held under ASA laws.

Competition entry is **AGE ON DAY** with the youngest age group being 10 and under in accordance with ASA Law. Competitors must be registered members of the Club they represent and registered with the ASA.

All entries must be **ON DISC** which must be returned by midnight on the closing date given on the entry form. Swimmers will be distributed in heats from the submitted entry times. If total entries exceed capacity for an event, the promoter reserves the right to not accept the latest entries and to return entry fees. Improved times will not be accepted after the entries have been closed. Final heats will be spearheaded.

Fees must be submitted with entry forms together with a large A4 and two first class stamps. Individual entry per event is £4.00. Please submit a Club cheque made payable to **Bognor Regis Swimming Club with the PAPER ENTRY FORM**. Coaches passes will be issued on the basis of 1 per 10 swimmers, a maximum of three per club, at a cost of £5.00 per pass. This will include access to poolside, a programme and a set of results. No unauthorised persons will be allowed poolside.

Competitors must sign in before the relevant session. Signing in will close 30 minutes before the scheduled start of the session. Swimmers must report to the whipping area two events prior to the event in which they are swimming. For the first two events of each session, swimmers must report to the whipping area at the end of warm-up. Marshalling of swimmers for events and medal presentation will be by the small splash pool area .

Competitors will only be permitted on the poolside for the session in which they are competing. Competitors in wet swimwear are not allowed in the spectator seating. Competitors must cover up and wear shoes before leaving the pool area.

Provided they have completed their race without disqualification, medals or trophies will be awarded to the first three places in all age groups in categories A, B and C. All awards must be collected in person from the awards desk. **Category A will include all swimmers beating the B grade time. Category B will be swimmers beating the C grade time but slower than the B grade time. Category C will be swimmers slower than the C grade time**

The 'Top Club Trophy' will be awarded to the club gaining the most number of points. Categories will be ignored for the purpose of calculating the Top Club Trophy points, which will be awarded on the following basis :-

1st - 8 points, 2nd - 7 points, 3rd - 6 points, 4th - 5 points, 5th - 4 points, 6th - 3 points, 7th - 2 points, 8th - 1 point.

There will be no diving during warm up except when sprint lanes are announced. Sprint lanes will run from deep to shallow ends of the pool. ASA Law permits a competitor to start a race in the water, from the side or from a starting block.

The Organisers reserve the right to amend the programme and these conditions to ensure the efficient and timely running of the Meet.

All information held on computer by Bognor Regis Swimming Club will comply with the Data Protection Act.

There will be an entry fee charged to spectators – Adults £4.00 per session, All day £6.00 – Children under 14 £2.00 per session, All day £3.00. (Children under five free).

PLEASE NOTE THAT SPECTATOR SPACE IS LIMITED. SWIMMERS WILL NOT BE PERMITTED TO SIT IN THE SPECTATOR AREA

BOGNOR REGIS SWIMMING CLUB

Vanessa Knight Memorial Sprint Open Meet Sunday 24th May 2009

ARUN LEISURE CENTRE, BOGNOR REGIS PO22 8ED

Session 1 - Doors Open 8.00 am.

Warm up - Girls 8.15-8.35. Boys - 8.35-8.55.

Start 9.00 am.

					B Time	C Time
Event 1	Girls	10/U	50m	Backstroke	44.1	51.0
	Girls	11	50m	Backstroke	41.0	46.3
2	Boys	12	50m	Freestyle	33.9	38.5
	Boys	13	50m	Freestyle	31.6	35.0
	Boys	14+	50m	Freestyle	30.0	32.7
3	Girls	10/U	50m	Breaststroke	50.1	57.8
	Girls	11	50m	Breaststroke	46.3	52.1
4	Boys	12	50m	Butterfly	37.5	42.4
	Boys	13	50m	Butterfly	34.8	38.5
	Boys	14+	50m	Butterfly	32.8	35.8
5	Girls	10/U	50m	Butterfly	42.7	49.3
	Girls	11	50m	Butterfly	39.8	44.8
6	Boys	12	50m	Breaststroke	43.4	49.2
	Boys	13	50m	Breaststroke	39.9	44.2
	Boys	14+	50m	Breaststroke	37.9	41.3
7	Girls	10/U	50m	Freestyle	38.8	45.0
	Girls	11	50m	Freestyle	36.1	40.8
8	Boys	12	50m	Backstroke	38.9	44.0
	Boys	13	50m	Backstroke	36.0	39.8
	Boys	14+	50m	Backstroke	34.3	37.3
9	Girls	10/U	4x25m	IM	1.38.1	1.53.3
	Girls	11	4x25m	IM	1.30.2	1.41.9
10	Boys	12	4x25m	IM	1.26.5	1.37.5
	Boys	13	4x25m	IM	1.19.4	1.27.8
	Boys	14+	4x25m	IM	1.14.9	1.21.7

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Session 2 - Doors Open 1.00 pm.

Warm up - Girls 1.15-1.35. Boys - 1.35-1.55.

Start 2.00 pm.

					B Time	C Time
Event 11	Boys	10/U	50m	Backstroke	45.0	54.8
	Boys	11	50m	Backstroke	41.9	48.9
12	Girls	12	50m	Freestyle	34.1	37.8
	Girls	13	50m	Freestyle	32.6	35.5
	Girls	14+	50m	Freestyle	31.9	34.5
13	Boys	10/U	50m	Breaststroke	50.9	1.01.9
	Boys	11	50m	Breaststroke	47.1	55.0
14	Girls	12	50m	Butterfly	37.4	41.3
	Girls	13	50m	Butterfly	35.6	38.7
	Girls	14+	50m	Butterfly	34.7	37.5
15	Boys	10/U	50m	Butterfly	43.5	53.0
	Boys	11	50m	Butterfly	40.3	47.1
16	Girls	12	50m	Breaststroke	43.3	47.9
	Girls	13	50m	Breaststroke	41.1	44.8
	Girls	14+	50m	Breaststroke	40.1	43.4
17	Boys	10/U	50m	Freestyle	39.1	47.8
	Boys	11	50m	Freestyle	36.4	42.8
18	Girls	12	50m	Backstroke	38.7	42.8
	Girls	13	50m	Backstroke	36.9	40.1
	Girls	14+	50m	Backstroke	36.0	39.0
19	Boys	10/U	4x25m	IM	1.39.2	2.01.3
	Boys	11	4x25m	IM	1.32.5	1.48.3
20	Girls	12	4x25m	IM	1.25.0	1.34.1
	Girls	13	4x25m	IM	1.20.8	1.28.0
	Girls	14+	4x25m	IM	1.19.2	1.25.8

Procedure for Electronic Entry

If Team manager or Team manager Lite is not installed on your computer, you will need to install this from our website via the link.

www.bognorswim.co.uk

To download TM Lite follow the screen instructions to install on your computer.

Once installed you will firstly need to create / open a database. To do this just click **File/ Open** and type in a database name to create a TM Database. This can be anything.

You will now need to import the events file for our meet. This can be found also on our website as a zip file.

Next add your team abbreviation and team name using the **Teams** menu. Then enter your swimmers using the **Athletes** Menu. At this stage you only need to enter swimmers names etc not the events.

Once you have entered all swimmers, you can now enter the events each swimmer wishes to swim. Click **Meets**, select the meet and click **Entries**. Select **By Event** or **By Name** to place athletes into events. For each entry add an entry time in the **Custom** time box. You do not need to put any dots or colons between the digits (e.g. 2min 34sec 69 = 23469)

The qualifying times will also be shown on the screen for the different age groups.

Click **Reports /Performance/ Meet Entries** to create a report of the meet entries to verify that all entries are complete and correct.

After verification click **File / Export / Meet Entries**. This will create a zipped file that can be emailed to – mike@pinewood65.plus.com

Once emailed please send a summary sheet and a cheque for events and coaches passes to the address on the summary sheet.